

BEARS EARS TRIP PACK LIST

Required Items

- Sleeping Bag
- Sleeping Pad
- Tent
- Camp Chairs
- Headlamp or Flashlight
- Water
- Water Carrying Capacity- 3 Nalgene-type water bottles or a hydration pack.
- Personal Snacks
- Hiking Shoes/Boots
- Sun Hat
- Sunglasses
- Sunscreen
- Rain Jacket (required), Rain Pants (optional)
- Warm Clothes (Pants/Long sleeves) – nights can be cold!
- Long Sleeve Light Weight Top - for sun protection (long sleeved, collared, buttoned shirt)
- Long Underwear/Fleece/Warm Hat (Days can be cold, nights can be below freezing!)
- Socks- Wool or synthetic is best.
- Pants/Shorts- You should have long pants for protection.
- Small Backpack for Daily Outings
- **Personal Toiletries/ Medications/ Towel**
- Mug for hot drinks

Optional Items

- Camp Shoes/Sandals (Sometimes it is nice to get out of those hiking boots!)
- Camera
- Binoculars
- Journal and Pen
- Lots of Lotion and Chap Stick/Lip Balm- it is arid!
- Personal Spoon/Knife/Fork (and/or Swiss Army Knife)

Things to remember

- Weather in southern Utah is very fickle. Please come prepared for hot days (or cold ones), sun, rainstorms, potential snow, and cold nights. You will be happy you did!
- All meals will be provided
- All cookware, plates, bowls, silverware will be provided